GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:3220
ANSWERED ON:05.12.2016
Introduction of Yoga Courses
Patole Shri Nanabhau Falgunrao

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether the Government proposes to introduce Yoga in University syllabii from graduation onwards on the line of other science subjects in the institutions of higher education of the country and if so, the details thereof;
(b) whether the Government also proposes to introduce PG Diploma course for the allopathic doctors for utilising their knowledge for yoga treatment;
(c) if so, the details thereof and the perceived benefits in this regard;
(d) whether the University Grants Commission (UGC) has included yoga as a subject in the National Eligibility Test Examination and if so, the details thereof; and
(e) the details of the institutes of higher education identified for including yoga in their curriculum and the details regarding the duration of the said courses?

Answer

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT
(Dr. MAHENDRA NATH PANDEY)
(a) to (e): As a follow up to the recommendations of a committee for promoting Yoga Education in Universities, the Central Government vide its letter dated 28th June, 2016 has asked the University Grants Commission (UGC) to promote five Yoga courses in Universities and Colleges. Course and Course Code-wise duration of Yoga courses is as follows:
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Course Course Code Duration
Bachelors of Science
(Yoga)
B.Sc.(Yoga) 3 years to 6 years
Masters of Science (Yoga) M.Sc. (Yoga) 2 years to 4 years
Doctor of Philosophy
(Yoga)
PhD (Yoga) As per the PhD duration
specified by UGC
Post Graduate Diploma in
Yoga
PGDY 1 year to 2 year
Post Graduate Diploma in
Yoga Therapy
PGDYT 1 year to 2 year
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Medical graduates are eligible to enroll themselves for Post Graduate Diploma in Yoga therapy. The Post Graduate Diploma in Yoga Therapy aims at orienting medical and para-medical graduates to integrate Yoga Therapy in their respective medical practices for effective prevention and treatment of lifestyle diseases.
The UGC has included Yoga as a subject in the National Eligibility Test Examination (NET) for UGC-NET examination January, 2017.
The following Central Universities have been identified to start the Yoga Departments from academic session 2016-17, subject to the approvals of the competent authorities of concerned Universities:
(i) Hemwati Nandan Bahuguna Garhwal University, Uttarakhand;
(ii) Visva Bharti Shantiniketan, West Bengal;
(iii) Central University of Rajasthan;
(iv) Central University of Kerala;
(v) Indira Gandhi National Tribal University, Madhya Pradesh; and
(vi) Manipur University.
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